



## OUT & ABOUT NOTES

### WHERE TO ENJOY...

## Seafood festivals

**Pembrokeshire, Wales** Visit south-west Wales for Pembrokeshire Fish Week (right) from 25th June to 3rd July 2011. There's over 250 events from marine wildlife explorer days and barbecues to a Cook Your Catch masterclass. Call 01437 776168, pembrokeshirefishweek.co.uk.

**Weymouth, Dorset** The harbour provides the backdrop for Dorset Seafood Festival, from 9th to 10th July 2011, where you'll find over 100 stalls and cookery demonstrations, and children can learn to identify fish species. Call 01305 785747, dorsetseafood.co.uk.

**Achill Island, County Mayo** A friendly welcome awaits at Achill Seafood Festival from 14th to 17th July 2011. Explore the island's shores on a seaweed walk, or go to a cookery demonstration with Michelin chef Ross Lewis. Call 00 353 98 47353, feilebianamara.ie.



### SHOP OF THE MONTH...

Celebrating the best of homegrown talent, Made on the Isle of Wight sells crafts by local artisans, from beachcombers who produce original pieces from driftwood to artists who capture the landscape's raw beauty on canvas. A café and workshops are also planned.

**Made on the Isle of Wight, Bullen Mead, Bullen Road, Ryde, Isle of Wight, 01983 564949, madeonisleofwight.com.**



### ON COURSE...

## Beekeeping

Embrace the good life with an Introduction to Beekeeping course at Home Farm House in Lincolnshire on Saturday 23rd July 2011. The course offers tips on creating hives, honey-making and bee care, and costs £50.

**Learning the Good Life, Home Farm House, Somerby, Lincolnshire DN38 6EX, 01652 628560, wickedstepmothersworld.co.uk.**



### DON'T MISS... Rhs Flower Show

Plan a visit to Tatton Park near Knutsford in Cheshire from 20th to 24th July 2011 for inspirational show gardens, expert advice and the chance to shop for plants and pretty garden accessories. Call 0844 338 7505, rhs.org.uk.

### 3 of the best... Bike rides



#### YATTON, SOMERSET

Cycle the Strawberry Line heritage trail (left), a former railway path for fruit cargo from the strawberry fields of Cheddar. Today, the route is lined with wildlife habitats and is part of the National Cycle Network managed by Sustrans, which campaigns for safer cycling routes. Call 0845 113 0065, sustrans.org.uk.

#### CRANBROOK, KENT

Bedgebury Festival of Cycling attracts enthusiasts with free cycle coaching sessions, junior bike races and skill development activities on Saturday 16th July 2011 at Bedgebury National Pinetum & Forest in Goudhurst, Kent. Call 01580 879820, bedgeburiynetum.org.uk, or visit boarsonbikes.co.uk.

#### WORKSOP, NOTTINGHAMSHIRE

With more than 20 miles of cycle routes, Clumber Park is ideal for family days out. Hire bikes and explore the scenic trail that meanders around the Serpentine lake then through the lofty pinetum and historic Hardwick village. Call 01909 544917, nationaltrust.org.uk.



### We love... West Beach Café

There's nothing like fish and chips to make the British summer great and where better to tuck in than this cool café on the south coast? Trundle along the shingle beach and admire the view from this wonderful space, then savour the delicious homemade food – to eat in or take away...

**West Beach Café, Rope Walk, Littlehampton, West Sussex BN17 5DL, 01903 718153, westbeachcafe.co.uk.**