



## 2011 PROGRAMME of WORKSHOPS SPRING /SUMMER

Workshop numbers are limited and kept small to ensure participants get the most out the day and lots of one to one with the tutor. All materials, refreshments and lunch are provided

### JUNE 2011

#### THE BASIC LOAF – hands on basic breadmaking

Tutor: Linda Hewett

Date: Thursday 2<sup>nd</sup> June 2011

Time: 10.00am – 4.00pm

Cost: £85 includes refreshments and lunch

Number: 6

Location: Home Farm, Somerby

Bread is the staff of life and Linda Hewitt from Fulbeck Bread [www.fulbeckbread.co.uk](http://www.fulbeckbread.co.uk) is an expert bread maker and inspirational demonstrator. Join her for this hands-on workshop and learn that it is actually quite simple to produce home made bread and that basic bread dough can become many things, savoury and sweet – loaf, pizza, grissini and fougasse.

#### BEGINNERS DIGITAL PHOTOGRAPHY

Tutor: Santiago Bejarano

Date: Monday 6<sup>th</sup> June 2011

Time: 10.00am - 4.00pm

Cost: £95 includes refreshments and lunch

Limited Number: 4

Location: Home Farm, Somerby

Wildlife photographer and naturalist Santiago Bejarano leads this workshop designed to inspire and instruct those who feel they would like to move beyond auto mode on their digital camera. Learn how to use light and composition as well as enhance and edit images digitally, store images for better access in your PC and create slideshows.

Mornings will be spent in the field taking photographs. In the afternoon you will discuss the mornings images, how they can be improved and look at the best techniques for downloading and storing them efficiently as well as straightening, cropping and editing.

Bring along your camera and laptop if you have one, or memory stick if not.

### ADVANCED DIGITAL PHOTOGRAPHY

Tutor: Santiago Bejarano

Date: Tuesday 7<sup>th</sup> June 2011

Time: 10.00am - 4.00pm

Cost: £95 includes refreshments and lunch

Limited Number: 4

Location: Home Farm, Somerby

Wildlife photographer and naturalist Santiago Bejarano leads this workshop designed to inspire and instruct those who feel they would like to move beyond auto mode on their digital camera. Learn how to use light and composition as well as enhance and edit images digitally, store images for better access in your PC and create slideshows.

Bring along your camera and laptop if you have one, or memory stick if not. Limited spaces.

### MAKE DO AND MEND – supervised monthly mending workshop

Tutor: Zoe Earls

Date: Wednesday 8<sup>th</sup> June

Time: 10.00 am – 1.00 pm

Cost: £20 includes materials and refreshments

Location: Home Farm House, Somerby

Zoe Earls who leads all our Stitch in Time workshops supervises this half-day mending workshop. Bring along anything that needs mending and be guided on how to repair and renovate. Not only will you save money on mending costs or buying something new, you will hone some old or new skills and do so in good company.

### THE ART OF CHOCOLATE MAKING with summer flowers – demonstration and practical

Tutor: Fiona Sciolti

Date: Thursday 9<sup>th</sup> June 2011

Time: 10.00am – 2.00pm

Cost: £65 includes refreshments

Location: Home Farm House, Somerby

Fiona Sciolti, an artisan chocolatier, lives locally and produces a range of exquisite, handcrafted chocolates she sells nationally. The flavours Fiona uses in her chocolates are inspired by the seasons and what's available locally.

Join her for the morning and let her show you how to make your own chocolates as well as utilise spring's abundance of gorgeous fruit, herbs and spices

### THE HEALING GARDEN – growing herbs for women's natural health and wellbeing

Tutor: Trudy Norris

Date: Saturday 11<sup>th</sup> June 2011

Time: 10am – 4.00pm

Cost: £55 includes refreshments and lunch

Location: Home Farm House, Somerby

Trudy qualified as a medical herbalist in 1993 and she is a Fellow of the National Institute of Medical Herbalists. For Trudy herbal medicine is the medicine of the people and can be used safely and effectively to treat many complaints.

In this workshop Trudy celebrates women's health and wellbeing. She looks at the herbs to support and enhance health and how to identify, grow, harvest and prepare them. You will cover first aid, cosmetic and health issues including hormonal cycles, stress and the third age.

**WOMEN'S VOICES – a relaxed afternoon of literature and history**  
**with Helena Whitbread and Valerie Harkness**

Date: Sunday 12<sup>th</sup> June

Time: 2.00pm – 4.30pm

Entry fee: £5 includes refreshments

Location: Home Farm House, Somerby

**Helena Whitbread on Anne Lister**

Helena Whitbread, historian, will present her latest book on Anne Lister. Since the early 1980s, Helena has been researching the life and diaries of Anne Lister (1791-1840) a landowner, traveler and lesbian who kept diaries of her life, some of which in coded form.

Helena has meticulously edited and decoded the diaries and she has offered to the world an indispensable source of information and invaluable insight into the history of lesbian sexuality and the lives of woman.

The Diaries have attracted a great deal of attention and were recently dramatized on television by the BBC and Helena has been invited to speak at a number of events at home and abroad.

**Valerie Harkness on French and French Poetry**

An opportunity to speak French and to listen to French poetry ...Valerie will start with a presentation of extracts of the Secret Diaries of Miss Anne Lister in French. Anne Lister was a traveler and her stay in Paris has been of particular interest to Valerie.

Valerie Harkness teaches at Leeds Trinity University College. She has written a number of poetry collections, amongst which "Je glisse" and "Sauve". She will read chosen extracts from her latest books in French and will also present and discuss some contemporary French authors and literary magazines.

**THE HEALING GARDEN and how to create an aromatherapy garden**

Tutor: Dr Sally Moorcroft

Date: Thursday 30<sup>th</sup> June 2011

Time: 10.00am – 4.00pm

Cost: £75 includes refreshments and lunch

Location: Home Farm House, Somerby

## JULY 2011

### FLOWERS TO CELEBRATE SUMMER – create swags, globes, hand tied bunches and table decorations

Tutor: Rachel Petheram from Catkin Flowers [www.catkinflowers.co.uk](http://www.catkinflowers.co.uk)

Date: Thursday 7<sup>th</sup> July 2011

Time: 10.00am – 4.00pm

Cost: **£85 includes materials, equipment, refreshments and lunch**

Location: Home Farm House, Somerby

Join Rachel Petheram from Catkin Flowers [www.catkinflowers.co.uk](http://www.catkinflowers.co.uk) for a day's inspiration and learn all sorts of wonderful ways to decorate with flowers inside and out. Summer is a time for outdoor living and entertaining and with an abundance of flowers and herbs to harvest from the garden and the hedgerow, you can create wonderful decorations with very little cost.

Learn how to make garlands, swags and globes to adorn outdoor tables and marquees as well as simple hand tied-bunches and other unusual but beautifully simple ideas.

Be inspired by Rachel's tips on combinations of colours, textures, and varieties and prolonging the life of cut flowers.

### AN INTRODUCTION TO BEEKEEPING

Tutors: Celia Smith and Mike Beecham from The Lincolnshire Beekeeping Association

Date: Saturday 23<sup>rd</sup> July 2011

Time: 10.00am – 4.00pm

Cost: **£50 includes refreshments and lunch**

Location: Home Farm House, Somerby

Bees are vital for pollination in our orchards and gardens, honey and beeswax the wonderful product of their hard work. Keeping bees, like keeping any livestock takes some know how. In the case of bees the equipment and set up can be quite costly. This workshop, run by Celia Smith and Mike Beecham of the Lincolnshire Beekeepers' Association, is an introduction or taster day for those who are interested in keeping bees and would like to know all that it entails.

You will discuss the best equipment, clothing, suppliers as well as talk about site, hives, bees and their life span, disease and pests, harvesting and making honey as well how much time you need to dedicate to bee keeping. If you decide beekeeping is something you would like to pursue Celia and Mike will be able to guide you on your path.