



learning the good life

www.wickedstepmothersworld.co.uk
May 2011

WINNERS of the **Easter Jackpot** are:
Susanne Schneider and Sarah Killick



Like me

MAY 2011

Make do and Mend

Willow Sculpture for the Garden

Create a Sensory Garden

Chicken Keeping Workshop

Make a Rustic Ladder Back Chair

The Art of Painting Flowers

The Healing Garden - create a natural medicine cabinet

Learn to use Lime Mortar

Working with Driftwood and Found Objects

Go to www.learningthegoodlife.co.uk
for more information and the [2011 Calendar](#).



in the kitchen steamed asparagus

The first tips of asparagus are peeping through in my garden, a sure sign that spring has arrived. Try this lemon sabayon with fresh spears.

Steamed Asparagus with a Lemon Sabayon Raymond Blanc

Serves 4

2 bunches asparagus
4 egg yolks
50ml water
70g butter, unsalted, melted
4g seasalt
1g pepper, cayenne
10ml lemon juice



in the garden grow asparagus

Asparagus has a reputation for being hard work and a bit tricky, but a small investment now pays high dividends. Invest in one or two year old crowns to speed up the process - it takes 3 years between

Trim asparagus and cook in lightly salted boiling water for 3-4 minutes.

In a large bowl whisk the egg yolks and water to a frothy consistency, this creates volume giving a lighter sauce.

Place the bowl over a pan of boiling water and continue to whisk until it becomes thicker.

When the eggs are at a mayonnaise consistency, remove from the heat and continue to slowly whisk in the butter, followed by the rest of the seasonings.

Pass through a muslin cloth and serve.

sowing and harvesting asparagus. However, it is a perennial with a useful life of more than 20 years, with crops improving annually.

Find in a sunny, sheltered site with good drainage. Keep up the water and you will reap your rewards in time.

spring treat

Book three on a course in May and bring along the **third for free**.

coming from afar

Forest Pines, www.qhotels.co.uk just 15 minutes from Home Farm House, is offering spring deals of **2 nights b&b for two people for £130**

Home Farm House Somerby **Lincolnshire** DN38 6EX
Tel: **01652 628560** Mobile: 079 74 245 138

info@wickedstepmothersworld.co.uk
MAP

If you would rather not receive the monthly email updates just click here to launch your email manager, and press send. If this does not work send an email to admin@marieclaret.plus.com with **Unsubscribe to Learning the Good Life Monthly Diary** in the subject line.