



learning the good life

www.wickedstepmothersworld.co.uk
SEPTEMBER 2010

STUDENTS IN THE KITCHEN

a two day hands on course
Monday 6th and Tuesday 7th September

THE ART OF COMMUNICATION WITH THE FAMILY

"Everything can be taken from us but one thing -
 the last of the human freedom - to choose one's attitude in any
 given circumstance" Victor Frankel
Saturday 11th September

THE ART OF SEEING - an introduction to drawing and painting

Wednesday 15th September

GROW YOUR OWN WEDDING FLOWERS - plan a cutting garden for next springs crop

Thursday 16th September

LEARN TO SCYTHE - preparing for winter

Friday 17th September

Go to www.learningthegoodlife.co.uk
 for more information and the 2010 and 2011 Calendar.



the kitchen green tomato chutney

Constance Spry

A great recipe for using up all the tomatoes that don't ripen.

6lbs tomatoes, sliced
 3 green or red peppers, chopped
 1 ½ lbs onions, sliced
 1 ½ lbs apples, weighed when cored and sliced
 ¾ lb sultanas
 1 ½ oz mustard seed
 1 ½ oz salt
 1 large root of ginger, well bruised
 ¼ tsp cayenne
 1 ½ lbs brown sugar
 2 pints good vinegar



Put all the ingredients into a preserving pan.
Simmer slowly 2 – 3 hours or until very soft.
Remove the ginger before putting into pots.

special treat

For September 2010 - Book two workshops and receive a **20% discount**.

the garden

a shop

Excess produce led to the idea of a little shop in the garden. Fruit, vegetables, herbs, potted plants, seeds, preserves and eggs are available with an honesty box. The idea is also to use the shop to show case and sell the work of visiting tutors and as a place for the community to post messages.



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